

BRUNCH

WELLNESS-FOCUSED FARE

AVOCADO SMASH* cg 15

baked farm egg | roasted tomato | blue crab | chickpeas | watercress | local multigrain bread

BIG GREEN SMOOTHIE BOWL vg g 12

smoothie | avocado | banana | kale | pineapple
toppings | berries | house granola | toasted seeds

PARKER POWER BOWL* v g 13

avocado | Parker tempeh | pomegranate | sprouted quinoa | citrus segments | baby kale | poached egg | citrus-coriander dressing

SPRING SALAD g v 9

baby greens | strawberries | burrata | baby herbs | Banyuls reduction

EGGS BENEDICT* cg 13 | sub SMOKED SALMON 16

poached eggs | english muffin | ham | hollandaise | breakfast potatoes

PARKER'S B&G 14

buttermilk biscuits | scrambled eggs | sausage gravy | breakfast potatoes

PARKER BREAKFAST SANDWICH* 10

house english muffin | house made sausage | scrambled eggs | american "cheese"

CHICKEN & BISCUIT 11

fried local chicken breast | maple bacon | over medium egg | spicy honey | buttermilk biscuit

GRIDDLED BREAKFAST BURRITO 13

scrambled farm eggs | chorizo | queso fresco | scallion | baby potatoes | cilantro | roasted tomato salsa | lime crema

FRENCH TOAST v 12

griddled brioche | vanilla custard | seasonal preserves | pulverized sugar

SMOKED NORWEGIAN SALMON 15

savory bagel selection | whipped cream cheese | varied pickles | preserved tomato

SIDES

BREAKFAST MEAT g 5

bacon | turkey bacon | ham | sausage

BOWL OF FRESH FRUIT & BERRIES g vg 6

PARKER MACARONI & CHEESE v 7

OATMEAL v gv 6

BREAKFAST POTATOES g vg 4

PARKER TEMPEH g vg 5

BOWL OF BERRIES g vg 8

FRENCH FRIES g vg 7

**Contains or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Please inform your server of dietary restrictions or allergies as substitutions are available.*

g=Gluten Free | cg=Can Be Gluten Free | v=Vegetarian | vg=Vegan

